

# Hodakadake Trekking

## 1. Schedule

Day 1 : You go to Hirayu at midnight by car.

Day 2 : Arrival to Hirayu morning or midnight. (There is parking areas in Hirayu.)

You go to Kamikochi by bus.

You walk and stay at Karasawa.

Day 3 : You go to Kita-Hodakadake, Oku-Hodakadake.

You stay at the lodge Oku-Hodakadake.

Day 4 : You go down to Shin-Hodaka.

You take a public bath.

You go to Hirayu by bus and go back to Kansai by car.

## 2. Trekking course

Kamikochi → Karasawa → Kita-Hodakadake(3,106m) →

Oku-Hodakadake(3,192m) → Shin-Hodaka

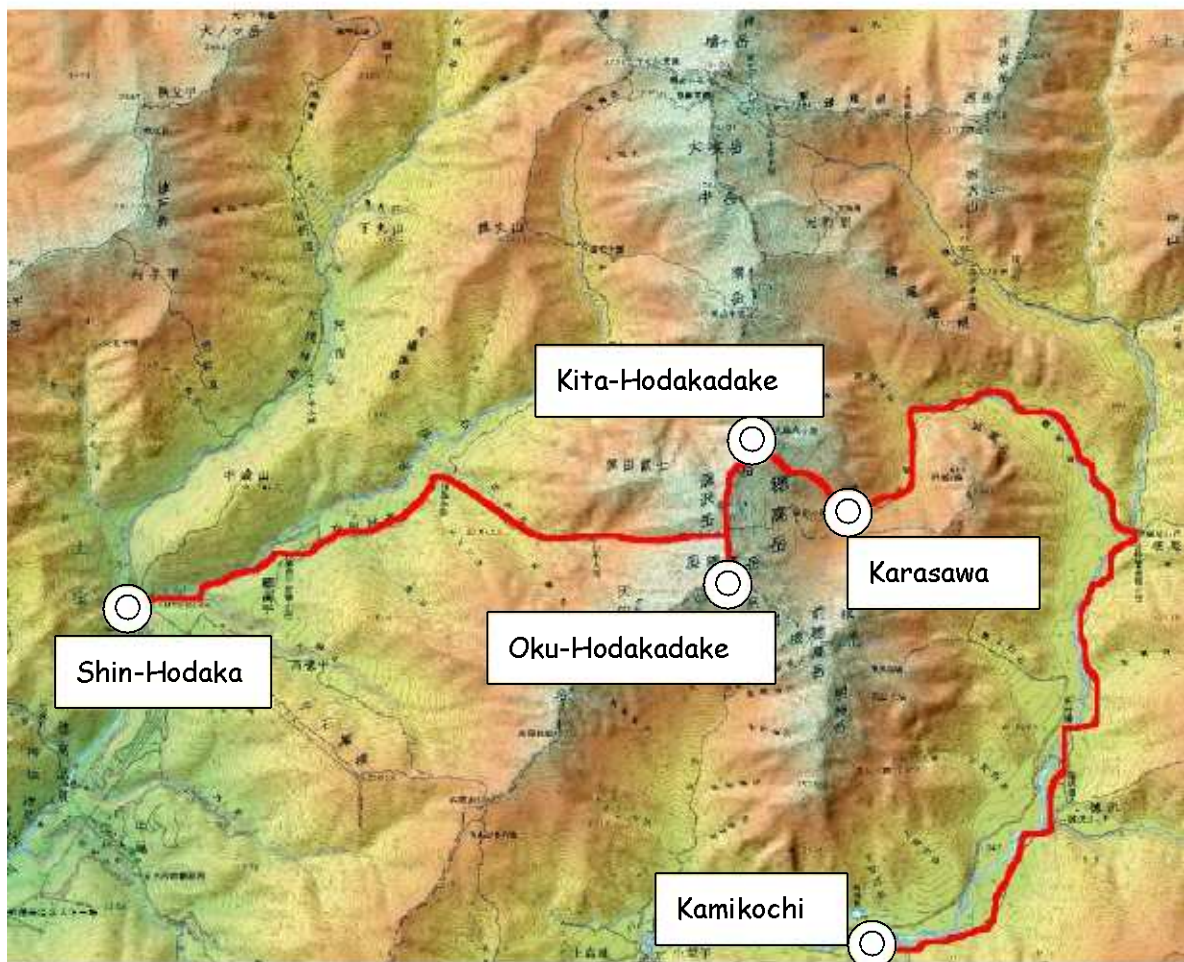


Figure 1 Trekking course

### 3. Access

#### \*By car

Nishinomiya ----- Hidakiyomi (Highway : Meishin and TokaiHokuriku)

Hidakiyomi ----- Hirayu (Route 158) There are some parking areas in Hirayu.

Hirayu ----- Kamikochi (By bus)

Shin-Hodaka ----- Hirayu (By bus)



Figure 2 Parking areas in Hirayu

#### \*By bus (Tel 06-6344-3077)

Table 1 Time table of highway bus (8,000yen ,one way)

Osaka(Nanba)	21:30	Kyoto	23:00	→	Kamikochi	6:00
Kamikochi	12:00	→	Kyoto	18:30	Osaka	20:00

Note : Term is from 15<sup>th</sup> July to 20<sup>th</sup> August.

### 4. Cost

Table 2 Highway

	Nishinomiya	Suita	Kyoto
Hidakiyomi	6,650yen	6,150yen	5,350yen

Table 3 Bus

Hirayu	→	Kamikochi	1,050yen
Shin-Hodaka	→	Hirayu	660yen

\*Parking cost in Hirayu : 500yen/day

**\*Lodge cost**

Stay with dinner and breakfast : About 9,000yen

Stay without meals : About 6,000yen

Stay with your tent : About 500yen

Below is Only Karasawa

Rental tent : 5,000yen (for three persons)

6,000yen (for five persons)

8,000yen (for six persons)

Rental sleeping bag : 2,000yen

Retnal mat : 500yen

Note : You have to pay 500yen/person and retal tent cost.



**5. Bring**

Trekking boots, Pack, Rain wear, Head light, Clothes, Hat, Gloves

If you need, it is better to bring below.

Sticks, Food, Burner, Sleeping bag, Tent, Fuel for burner, Mat